

**Appendix A**

**Bullying Behavior Chart**

<b>Physical Bullying</b> Harm to someone's body or property		<b>Emotional Bullying</b> Harm to someone's self-esteem or feeling of safety		<b>Social Bullying</b> Harm to someone's group acceptance	
<b>Verbal</b>	<b>Nonverbal</b>	<b>Verbal</b>	<b>Nonverbal</b>	<b>Verbal</b>	<b>Nonverbal</b>
<b>LEVEL ONE</b>					
<ul style="list-style-type: none"> <li>• Expressing physical superiority</li> <li>• Blaming the victim for starting a physical conflict</li> </ul>	<ul style="list-style-type: none"> <li>• Making threatening gestures</li> <li>• Minor pushing/shoving</li> <li>• Taking small items from others, i.e., pen</li> </ul>	<ul style="list-style-type: none"> <li>• Inappropriate remarks, i.e. about possessions, clothes, ability, sexual orientation, etc.</li> <li>• Name calling</li> </ul>	<ul style="list-style-type: none"> <li>• Giving dirty looks</li> <li>• Insulting gestures</li> </ul>	<ul style="list-style-type: none"> <li>• Gossiping</li> <li>• Teasing publicly about clothes, looks, relationships with boys/girls, etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Ignoring someone and excluding them from a group</li> <li>• Refusing to work with another student on a school related assignment</li> </ul>
<b>LEVEL TWO</b>					
<ul style="list-style-type: none"> <li>• Threatening physical harm</li> </ul>	<ul style="list-style-type: none"> <li>• Damaging property</li> <li>• Inappropriate physical contact</li> <li>• Taking valuable personal items, i.e, cell phone</li> </ul>	<ul style="list-style-type: none"> <li>• Insulting your size, intelligence, athletic ability, race, color, religion, ethnicity, gender, disability, sexual orientation, or family</li> </ul>	<ul style="list-style-type: none"> <li>• Defacing school work or other personal property, such as clothing, locker, or books with insulting remarks</li> </ul>	<ul style="list-style-type: none"> <li>• Ostracizing verbally or by using notes, social media, e-mail, texting, or other sites, etc.</li> <li>• Slander or libel in public places (such as saying or writing derogatory comments</li> <li>• Starting/spreading rumors</li> </ul>	<ul style="list-style-type: none"> <li>• Playing mean tricks to embarrass someone</li> </ul>
<b>LEVEL THREE</b>					
<ul style="list-style-type: none"> <li>• Making repeated and/or graphic threats (harassing)</li> <li>• Practicing extortion (such as taking lunch money)</li> <li>• Threatening to keep someone silent: "If you tell, it will be a lot worse!"</li> </ul>	<ul style="list-style-type: none"> <li>• Destroying property</li> <li>• Physical cruelty/harassment</li> <li>• Repeatedly acting in a violent, threatening manner</li> <li>• Assaulting with a weapon</li> <li>• Stealing</li> <li>• Fighting/physical assault</li> </ul>	<ul style="list-style-type: none"> <li>• Harassing you because of bias against race, color, religion, ethnicity, gender, disability, or sexual orientation (repeated incidents)</li> <li>• Harassing with phone calls, text messages, instant messages, and other forms of social media</li> </ul>	<ul style="list-style-type: none"> <li>• Destroying personal property, such as clothing, books, jewelry</li> <li>• Writing graffiti with bias against race, color, religion, ethnicity, gender, disability, or sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li>• Enforcing total group exclusion against someone by threatening others if they don't comply</li> </ul>	<ul style="list-style-type: none"> <li>• Arranging public humiliation</li> </ul>